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Our phenolic testing focuses on a variety of chemicals that have potential to make the patient healthy and well or miserable and sick. We test for a variety of neurotransmitters, hormones, amino acids, inhalants and food chemicals.

Imbalances in neurotransmitters may contribute to a variety of neurological problems, mood disorders or mental health issues. Desensitizing treatments can be a powerful therapy to correct or improve sometimes long standing cases of depression, anger, confusion, brain fog or inability to concentrate, to mention just a few.

Imbalances in sex hormones may contribute to PMS and distressing menopausal symptoms, physical, mental or emotional symptoms. Imbalances in adrenal hormones are involved with stress responses, fatigue, poor sleep and inability to cope well with the world. Patients may feel like the mind is active and racing with ideas while few tasks are accomplished. The problem can be caused by a nutritional deficiency or simply an unexplained immune response to that specific chemical. Being sensitive to one's own hormones is not an indication of the amount of hormone present. For instance if we say a menopausal woman is sensitive to progesterone it does not mean she requires a hormone supplement. It means she needs to have that particular hormone desensitized so her immune system will stop reacting to it and causing symptoms.

Treating phenolic sensitivity for food allergies allows us to desensitize a wide variety of foods by treating a single chemical. One example of this is gallic acid. Gallic acid is found in dozens of foods and those who react to it may have symptoms such as constipation or diarrhoea, digestive disturbance, abdominal pain, nausea, poor appetite etc.