

HORMONES

Hormone sensitivity should be considered if the patient has any of the following symptoms:

ALDOSTERONE

- * Adrenal disorder
- * Water retention

ANDROSTERONE

- * Acne
- * Hirsutism
- * Infertility
- * Immune system disorders

CORTISOL

- * Adrenal disorders
- * Fatigue
- * Stress

EPINEPHRINE

- * Anxiety attacks
- * Fatigue
- * hypertension
- * Jittery
- * Reduced metabolism
- * Shakiness
- * Chest pain
- * Short of Breath
- * Stuttering

ESTROGEN

- * PMS Symptoms
- * Anorexia
- * Depression
- * Dizziness
- * Fibrocystic breast disease
- * Hot flashes
- * Infertility

- * Irregular menstrual periods
- * Manic depressive illness
- * Postpartum blues
- * Postmenopausal chronic bladder infections
- * Headaches
- * Vaginal burning, itching, drying, painful intercourse, frequent infections

NOREPINEPHRINE

- * Anxiety and panic attacks
- * Crying
- * Claustrophobia
- * Depression
- * Dizziness
- * Drug Use
- * Eczema
- * Food allergy
- * Hives
- * Headaches
- * Hyperactivity
- * Learning Disabilities
- * Obsessive compulsive behaviors
- * Stuttering
- * Tachycardia
- * Triggers mood changes

PROGESTERONE

- * Aching legs and back
- * Anxiety
- * Chest pressure
- * Depression
- * Dysmenorrhea
- * Fibrocystic breast disease
- * Heart problems in men
- * Menstrual cramps and other problems
- * Nausea
- * PMS
- * Post menopausal chronic bladder infections
- * Shakiness
- * Sleep disorders
- * Weepy

TESTOSTERONE

Acne

Hirsutism

Low sex drive

Overly aggressive males

Sleep problems