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HOW WE TEST

THE VEGA TEST METHOD

Electro-acupuncture is a non-invasive energetic evaluation using a galvanometer. It was developed in Germany over the last 35 years by a number of physicians, dentists and scientists, and applies biophysical techniques to Oriental acupuncture. The original technique started in 1953 by Dr Voll was a complex procedure involving measuring hundreds of acupuncture points. The Vegetative Reflex Test or VEGA TEST method, then later the Photon Resonance Test are diagnostic instruments used in this clinic and are the culmination of much of this research, that was developed in Germany in 1978 by the world renowned Dr. Helmut Schimmel, M.D. and D.D.S. These instruments require that only one point be measured, as the system is based on measuring against test ampoules rather than against the organ-linked points themselves.

The skin resistance on the acupuncture point is measured by producing a slight potential difference (voltage) between a tip electrode held against the point and a large hand electrode held by the patient.

The procedure measures changes in skin resistance at the acupuncture point in response to placing test substances (foods or special test ampoules) in a circuit with the patient. The testing is painless, involving no needles, shocks, scratches etc., and allows for specific information regarding the patient's health to be determined. The test results are used in conjunction with other clinical observations and tests performed by the doctor or clinical assistant.

Presently, more than 10,000 Electro-Diagnosis machines are in use in Germany, Austria, Switzerland, Great Britain and North America.

North American physicians and patients encounter more difficulty in understanding and accepting these methods, as we have been educated and conditioned to view health and disease from a mainly biochemical perspective. German doctors recognize and use both biochemical and biophysical means. Also, until recently most of the research material was available only in German.

In a controlled, comparative study of various ways of testing for food sensitivities, performed by Julia Tsuei M.D., which compared blood, scratch, cytotoxic, food challenge and electroacupuncture testing, the electro-acupuncture (VEGA) results proved to be accurate and reproducible. This study, reported in the American Journal

of Acupuncture, 1984, revealed that although it was non-invasive Vega demonstrated great sensitivity.

This clinic uses the Vega Test method for testing foods, phenolics, chemical and inhaled sensitivities as well as the current functional condition of organs and immune system and quantitative status of vitamin and minerals. These test results are used in conjunction with physical, mental, emotional and spiritual assessment by your physician to assist in developing a unique treatment plan for you.

I have used EAV testing in my practice ever since I graduated back in 1982. Most of my patient assessment is based on our patient-doctor conversation and an evaluation of signs and symptoms, patient history, family history, examination and previous treatments. I use EAV or Vega testing to assist in fine tuning my conclusions and treatment plan. I can use it to determine if a medication is compatible and effective. For instance I may have diagnosed candida yeast of the gut in a patient and have 4 possible options for medications. When I EAV test the medication I may see that all 4 medications are effective to treat the particular strain of fungus this patient has, but when I test for compatibility I find the patient is sensitive to 3 of the possibilities. The Vega test method lets my patient move along with an effective, compatible, and comfortable treatment plan.